

3 GIVE ME FIVE!

Aim

To encourage participants to explore the contribution they can and do make to their local community and to the wider world

Time

15 minutes

Materials

A piece of A4 paper per participant, markers

What to do

- Give each participant a piece of A4 paper.
- Ask them to draw around their hand.
- Tell them they are going to fill in the fingers as follows:

Thumb – Stick your thumb up making the gesture for good.

Participants should write something good about themselves in the thumb on their drawing.

Index finger – Point and wave your index finger at the group as if telling them to stop doing something bad. Participants should write something that they want others to stop doing in the index finger on their drawing.

Middle finger – Point to your middle finger showing that it is the biggest finger on your hand. Participants should write whatever they think is the biggest problem in the world in the middle finger on their drawing.

Fourth finger – Point to your fourth finger and remind participants that it is the finger on which people would wear their wedding ring. Participants should write something they love about their area in the ring finger on their drawings.

Little Finger – Hold up your little finger. Participants should write a small change they are going to make to their lives to make the world a better place in the little finger on their drawings.

- Stick the hands on the walls.

Discussion Questions

- What do the different 'hands' have in common?
- What global problems did the group identify?
- What actions were suggested?